

# Tamworth 5 mile

On Traffic Free Cyclepaths/Footpaths around Tamworth  
**Sunday 21st September 2014**  
**Start/Finish at Tamworth AC Stadium**

Under UKA rules. Permit applied for. Online entries at [www.runbritain.com](http://www.runbritain.com) (Click on Enter a Race then use the filters for Month--September 2014, County--Staffordshire and Distance--5m) plus entries on the day as usual. Learn more about UKA support from [www.runbritain.com](http://www.runbritain.com)

**1m Junior Race/Fun Run starts 10.00am Main race 10.30am**

**Prizes to be awarded to:**

- First three men and women in main race
- First three teams of 4 male and 4 female in main race
- First male veteran M40/M50/M60 and female veteran F35/F45/F55 in main race
- First individual male and female in 1m race
- First male U17/U15/U13/U11 and female U17/U15/U13/U11 in 1m race

**Race Promoted by: Tamworth Athletic Club**

Headquarters & Track - The Sports Stadium, Marlborough Way, Tamworth, B77 2HF  
 Telephone 01827 280897 Email [tamworthathletic@bt.com](mailto:tamworthathletic@bt.com) Website [www.tamworthac.org](http://www.tamworthac.org)  
 SPORT ENGLAND CLUBMARK ACCREDITED CASG No: 00986 VAT No: 584 9758-67

Name \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

Age on Race Date \_\_\_\_\_ Date of Birth \_\_\_\_\_ Tel \_\_\_\_\_

Club \_\_\_\_\_ EA NO \_\_\_\_\_ Email \_\_\_\_\_

Race Entered (Please Tick) 5m Main Race \_\_\_\_\_ 1m Fun Run/Junior Race \_\_\_\_\_

Entry Fees: Main Race Postal £8 attached £10 unattached Junior Race/Fun Run £3

Entry on the day £10 attached £12 unattached

**Main Race Declaration:** I will abide by UKA rules. I will be over 15 years of age on race date. To the best of my knowledge I am medically fit to compete, and by entering this race I accept the organisers can be held in no way responsible for any injury, illness or loss of property incurred as a result of the event. I declare I am an amateur as defined by UK Athletics.

Signed \_\_\_\_\_ Date \_\_\_\_\_ Official Use \_\_\_\_\_

Please send completed entry form with SAE and fee to: Tamworth 5m, 67 Sorrel Drive, Kingsbury, Tamworth, B78 2PJ. All Cheques should be made payable to Tamworth Athletics Club. Correct postage must be attached.

Postal entries will not be accepted if received after Sat 14th September 2014.

# Tamworth 5 mile

On Traffic Free Cyclepaths/Footpaths  
**Sunday 21st September 2014**  
**Start/Finish at Tamworth AC Stadium**

Under UKA rules. Permit applied for. Online entries at [www.runbritain.com](http://www.runbritain.com) (Click on Enter a Race then use the filters for Month--September 2014, County--Staffordshire and Distance--5m) plus entries on the day as usual. Learn more about UKA support from [www.runbritain.com](http://www.runbritain.com)

**Main race start 10.30am**

5 mile and 1 mile entries are entirely optional on listed paths around Tamworth. Childrens you will need 15m or 2m of rope to tie 2m knot for fun during entries available via [www.runbritain.com](http://www.runbritain.com) (click on Enter a Race then use the filters for Month--September 2014, County--Staffordshire and Distance--5m).  
 Postal entry for the main race close on 14th September, but entries will be available on the day up to 9.30am.  
 The Tamworth AC stadium has free parking, toilets and changing rooms/showers.

**Prizes awarded for 5m race to:**

- First three individual male/female
- First teams of 4 male & female
- First male M40/M50/M60
- First female F35/F45/F55

**Prizes awarded for 1m race to:**

- First individual male/female
- First male U17/U15/U13/U11
- First female U17/U15/U13/U11

**Entries:**

- Main 5m Race Postal/Online Entries £8 attached £10 unattached
- Postal Entries close on 14 September 2014.
- Entries accepted as usual on the day £10 attached £12 unattached
- 1m Race/Fun Run/Junior Race £3

**Directions:**

**Tamworth AC Stadium**

**M42 North and South:** Leave at Junction 10. Take the exit A5 westbound for Tamworth. After approx 1.75m take exit B5440 Wilne cote/Glascote. At roundabout take exit signed Stadium and proceed to stadium car park.

**A5 Westbound:** Cross M42 at Junction 10 and follow route as above.

**A5 Eastbound:** Take the exit B5440 Wilne cote/Glascote. At roundabout take exit signed Stadium and proceed to stadium car park.



**pickering's**  
 SOLICITORS LLP

Tamworth AC are supported by  
**Pickering's Solicitors LLP**

